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## October 2023

Tishri/Heshvan 5784

# ConNEXTions + 

((1)) TEMPLE BETH SHALOM

## Deepening Connections for Those 60 and Older

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On the Cover"Making ConNextions +"© 2021-2023 Alan Novick
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To join the Scro// Editorial Board, please email: scroll@tbsneedham.org
To contribute content,
go to: tbsneedham.org/submit

When we examine our motivations for coming to Temple, for joining committees or editorial boards, or for participating in services or other Temple activities, they likely boil down to one goal: connecting. Whether to fellow members, to the music in a service, to our personal vision of a spiritual being, or to any other representation of what our Judaism means to us, when we feel connected, we feel better. As always, this issue of the Scroll lets you know about many ways to connect with TBS. And if you can't find one, well, connect with any of our clergy or lay leaders, and they'll certainly help you find one that works for you!

We at the Scroll like to help people connect through our listings and articles. Read on to see how you can connect with us. For all responses, kindly email scroll@tbsneedham.org.

Do you have any pointers or hidden gems for Jewish travel?
Be it a deli, museum, synagogue, tour, Shabbat service, or other special place or event you recommend, we would love to get details for our readers' travels and explorations! Feel free to include useful websites and photos you've taken. Word limit: 150. Deadline: November 15.

Read any good Jewish books lately? Any Jewish movies or shows you'd recommend?

Whether in writing or on stage, live or recorded, here's an opportunity to share and learn from others' ideas for things to read, see, or do through a Jewish lens. Please give specifics and feel free to comment on what makes it great. Photos welcome! Word limit: 150. Deadline: December 15.

Is your kugel to kvell over?
The Editorial Board will be conducting a kugel tasting featuring kugel made by our own TBS members. If you'd like to share your baking prowess in our early-February tasting event, kindly email us by January 10. We'd love to know where your recipe is from and what it means to you or your family.

By Joni Burstein on behalf of the Scroll Editorial Board

## Welcome New Members

Meryl Alper and Glen Weiss and Scarlett (7), Tenley (4), and Benjamin (not yet 1)
Michael and Marjorie Bogdanow
Laura and William Doyle and Noah (6) and Maya (3)
Evelyn Goldfine
Leah Goldstein and Daniel Fuller
Jordana Greenman and Nathan Leskovic and Rayna (4)
Amanda Legare and Madison (7) and Samantha (5)
Anna and Aaron Lyon and Louis (4), Adar (2), and Nessa (not yet 1)
Steven and Joan Marks
David and Christine Rothenhaus and Madison (7)
Melanie Zakin and Andrew Starr

## Services in October

Services will be in person and via livestream for the month of October. Please check the TBS website and emails for livestream links.

FRIDAY, OCTOBER 6 (22 Tishri 5784)
6:15 PM Erev Shabbat and Simchat Torah Service and Consecration (Sanctuary)
SATURDAY, OCTOBER 7 (22 Tishri 5784) B'reishit, Gen. 1:1-13
8:00 AM Shabbat Morning and Simchat Torah Festival Service, Yizkor (Beit Midrash)
9:00 AM Torah Study (Beit Midrash)
9:15 AM Finding Our Jewish Values in the Torah (Front Conference Room and online) B. Mitzvah: Zachary Kristall

MONDAY, OCTOBER 9 (24 Tishri 5784) B'reishit, Gen. 1:1-13
B. Mitzvah: Sam Hocherman

FRIDAY, OCTOBER 13 (29 Tishri 5784)
6:15 PM Erev Shabbat Service (Sanctuary)
SATURDAY, OCTOBER 14 (29 Tishri 5784) B'reishit Gen. 1:1-6:8
8:30 AM Shabbat Morning Service (Beit Midrash) 9:00 AM Torah Study (Beit Midrash)
9:15 AM Finding Our Jewish Values in the Torah (Front Conference Room and online)
B. Mitzvah: Logan Abrams
B. Mitzvah: Jacob Frieze
B. Mitzvah: Seth Meininger and Andy Gomes Casseres

FRIDAY, OCTOBER 20 (6 Heshvan 5784)
5:30 PM Tot Shabbat Service (Sanctuary)
6:15 PM Erev Shabbat Service (Sanctuary)
SATURDAY, OCTOBER 21 ( 6 Heshvan 5784)
Noach Gen. 6:9-11:32
8:30 AM Shabbat Morning Service (Beit Midrash) 9:00 AM Torah Study (Beit Midrash)
9:15 AM Finding Our Jewish Values in the Torah (Front Conference Room and online)
B. Mitzvah: Eli Turgel
B. Mitzvah: Zack Shaw

FRIDAY, OCTOBER 27 (13 Heshvan 5784)
6:15 PM Erev Shabbat Service (Sanctuary) 6:15 PM Om Shalom Yoga Service (Carmen Hall)

SATURDAY, OCTOBER 28 (13 Heshvan 5784)
Lech L'cha Gen. 12:1-17:27
8:30 AM Shabbat Morning Service (Beit Midrash) 9:00 AM Torah Study (Beit Midrash)
9:15 AM Finding Our Jewish Values in the Torah (Front Conference Room and online) B. Mitzvah: Madison Schneier
B. Mitzvah: Gavi Metter and Maya Pressman

Please join the TBS Community for Minyan

- Monday and Thursday mornings at 7:00 AM in person, in the Sanctuary.
- Tuesday through Thursday evenings at 6:45 PM online only. Zoom links are published in the "TBS This Week" email.


## Committee Meetings in October - Stay Involved!

Committees not listed will not meet formally this month.

## Committee Name

Adult Learning
ASAI
Brotherhood Board
Communications
ConNEXTions PLUS
Garden Club
Library
Scroll Editorial Board

## Date and Time

Wed. Oct. 4, 8:00 PM
Tue. Oct. 3, 7:30 PM
Tue. Oct. 10, 7:15 PM
Wed. Oct. 18, 7:15 PM
Mon. Oct. 23, 7:00 PM
Tue. Oct. 3, 7:15 PM
Every Wednesday, 9:30 AM Tue. Oct. 31, 12:00 PM

## Email Contact for Information

AdultLearning@tbsneedham.org ASAI@tbsneedham.org Brotherhood@tbsneedham.org Communications@tbsneedham.org Connextionsplus@tbsneedham.org GardenClub@tbsneedham.org Library@tbsneedham.org Scroll@tbsneedham.org

Please check with the email contact in case of a change in date and for meeting location.

## From Our Clergy

## Building Connection at TBS This Fall

By Cantor DJ Fortine



With Rosh Hashanah and Yom Kippur just behind us, the beginning of October brings even more meaningful moments to gather with our friends, families, and wider community. Our Sukkot and Simchat Torah programming offers special opportunities to forge new connections, renew old ones, and continue building community here at TBS.

Sukkot's traditions embody the value of welcoming guests (ushpizin in Aramaic) into our Sukkot. We hope that you'll be a guest in our Sukkah on October 1st! Our Sukkot Block Party, which TBS will host that afternoon, is a chance to enjoy food, crafts, and fun for the whole family: we'll celebrate Sukkot's arrival and decorate our community sukkah together. That evening, we will also hold our annual "newish" member welcome: a festive Sukkot meet-andmingle with other TBS members, new and old.

Here at TBS, our Simchat Torah celebration is a moment to embrace the joy of learning of Torah and to begin imparting the values of Torah onto our youngest generation. This year, with Simchat Torah falling on Shabbat, we'll have the chance to celebrate Shabbat, Simchat Torah, and the Consecration blessing of our newest elementary learners all in one evening! We hope you'll join us on Friday, October 6, as we unroll two of our TBS Torah scrolls, enjoy a Rabbinic "guided tour" of Torah stories, and enjoy sweet treats and festive dancing to music provided by Kadima Band.

While these two October holidays offer exciting and unique opportunities to connect with TBS members, our community members forge connections with each other in dozens of different ways - whether it be through worship services and Torah study, education programs, clubs, our Brotherhood and Sisterhood communities, or other experiences. For those of you who are age 60 and older seeking new connections, be sure to read more about the exciting rebranding of Three Score / More or Less to the newly renamed ConNEXTions PLUS. Join ConNEXTions PLUS for their first event of the year: From Stockbridge to Needham - a TBS Coffeehouse with the Piper-Hopkins Band on Sunday, November 12. We are also excited that many from ConNEXTions, our group for members in their $40 \mathrm{~s}-60 \mathrm{~s}$, will be gathering for an outing to the theater in Boston on October 8. Keep your eye out for more fun and social ConNEXTions and ConNEXTions PLUS programs throughout the year!

## From Our Board of Trustees

## Rising to a Great Year

By Wendy Gutterson, Congregational President



t our recent Board of Trustees meeting, our lay leadership and professionals gathered in Simon Hall
 to bake challah. While this was certainly an educational workshop, the goal was not to teach us to knead or braid, but rather to work together, to share stories, and to deepen connections. It was a wonderful opportunity for each of us to slow down and savor what happens when we aren't rushing.

Moderated by Rabbi Joel Mosbacher, we discussed the origins of challah in the Torah as well as the difference between the steps we take to bake versus what our biblical ancestors had to do. After all, early Israelites could not go to the grocery store for Fleischmann's fast-rising yeast or bake in their temperature-controlled ovens.

We all worked together, assessing if someone's dough was still sticky or if it was ready for kneading. We collaborated to measure and to decide if our strands were the right size for braiding. We had expert braiders as well as novices in the group, yet by the end of the evening, everyone produced something beautiful.

The surprises came when we took the time to share stories. While our dough was rising, we discovered shared experiences at bakeries far from Needham. We uncovered similar connections to food and holidays. Our shared traditions and experiences were just below
the surface, but during our typically hectic lives and agendafilled board meetings they rarely come up. Just like the bread that requires time for the yeast to grow and help our dough rise, connections and relationships take time. By dedicating our evening to slowing down and allowing relationships to develop, we laughed together, we worked, and we enjoyed ourselves as well as the fruits of our labor. Even better, we came away as a strong, more connected board.

It is my sincere wish for this new year that each member of our wonderful TBS community finds the time to slow down, share stories, and deepen connections. I know that we will all be richer for it.

L'Shalom,
Wendy
As always, I'd be happy to hear from you. Please reach out to president@tbsneedham.org.

## Zachary Kristall, Saturday, October 7

School: Pollard Middle School
Interests: Zach enjoys Boston sports, playing ultimate frisbee, spending summers at Eisner Camp, and hanging with friends and with his dog, Riley.
Mitzvah Project: Zach volunteered at Athletes Unlimited in Newton, helping children with physical and emotional challenges participate in and enjoy basketball.

## Sam Hocherman, Monday, October 9

School: Wellesley Middle School
Interests: Sam loves all creative and active pursuits. He seeks adventures while hiking, climbing, camping, and skiing.
Mitzvah Project: Sam built relationships with senior residents at NewBridge on the Charles by playing games and doing crafts each week.

## Logan Abrams, Saturday, October 14

School: Ashland Middle School
Interests: Logan is a passionate athlete, Camp Tevya camper, and avid fan of the Red Sox, Phillies, Eagles, and 76ers.
Mitzvah Project: Logan served as a volunteer buddy for the Hopkinton Challenger baseball program and a kid coach for youth soccer.

## Seth Meininger, Saturday, October 14

School: Pollard Middle School
Interests: Seth enjoys hanging out with his friends, learning in school, attending overnight camp, and watching all Boston sports teams.
Mitzvah Project: Seth helps older individuals (including his grandparents) set up computers and peripherals, moving heavy boxes and furniture, and cleaning.

## Andy Gomes Casseres, Saturday, October 14

School: Oak Hill Middle School
Interests: Andy loves to play baseball and build inventions.
Mitzvah Project: Andy volunteered at the Red Cross Food Pantry in downtown Boston, where he helped serve 3954 families.

## Eli Turgel, Saturday, October 21

School: Pollard Middle School
Interests: Eli loves playing soccer and hanging out with his friends and enjoys his summers at Camp Avoda.
Mitzvah Project: Eli organized a food drive for the Needham Community Council, helping ensure food security for local families.

## Zack Shaw, Saturday, October 21

School: Pollard Middle School
Interests: Zach enjoys playing basketball, baseball, and flag football, and hanging out with friends. He loves his summers at Camp Tevya.
Mitzvah Project: Zach volunteered at Athletes Unlimited, helping children with disabilities learn to play basketball.

## Madison Schneier, Saturday, October 28

School: Dedham Country Day School
Interests: Madison loves gymnastics, ninja, camp, and being with her friends and her sister. She especially loves her puppy, Charlie!
Mitzvah Project: Madison is collecting books to donate to local shelters.

## Gavi Metter, Saturday, October 28

School: Pollard Middle School
Interests: Gavi loves spending time at home with friends and family, as well as traveling to exciting new places.
Mitzvah Project: Gavi has been volunteering with Cradles to Crayons to help reduce clothing insecurity for children in Massachusetts.

## Maya Pressman, Saturday, October 28

School: Pollard Middle School
Interests: Maya enjoys robotics, baking, and designing/decorating homes. In her spare time, she makes family travel videos on YouTube.
Mitzvah Project: Maya is working with Mended Little Hearts. This organization helps families with children dealing with heart disease.

To participate in B. Mitzvah services,
join us in person in the Sanctuary, or check your Shabbat email for Vimeo links.

## October Highlights

## "Newish" Member Sukkot Celebration

## Sunday, October 1, 6:30-8:00 PM, TBS

Join us for a festive Sukkot meet and mingle with other adult TBS members, new and old. We will start out in the sukkah with appetizers and seasonal beverages provided by Decanted Wine Truck and then head into the sanctuary for a brief Sukkot service. Following services there will be an oneg in community court. Looking forward to seeing you!

Register: t-b-s.me/newmemberwelcome


Contact: Robyn Glazier and Sara Mesnik at member_relations@tbsneedham.org

## October Highlights continued...

## Combating Antisemitism in America: National Strategy to Community Impact

## Sunday, October 1, 9:30-11:30 AM, TBS

Please join us for an informative, behind-the-scenes look at the U.S. National Strategy to Counter Antisemitism, released in May. Our presenter will be Alex Pascal, who, in addition to being a member of the TBS community, recently served at the White House in the Biden-Harris Administration as Special Assistant to the President for Domestic Policy. In this role, Alex co-led the development and drafting of the Administration's national antisemitism strategy. Previously, throughout the entirety of the Obama Administration, Alex worked on national security policy - serving five years on the National Security Council at the White House and three years at the U.S. Mission to the United Nations. Our program, sponsored by TBS's Antisemitism Awareness Initiative, along with other Tikkun Olam committees and the TBS Adult Learning committee, will explore the national strategy and consider how local communities such as ours might aid in its effective implementation. Bagels and coffee will be served.

Register: t-b-s.me / asaitalk
Contact: Gary Goldman at asai@tbsneedham.org

## Adult B. Mitzvah Class

Wednesdays, beginning October 18, 7:15-8:45 PM, TBS
Are you interested in learning more about Judaism and Hebrew? Do you have a desire to be a part of the TBS community of lifelong learners? Join our Adult B. Mitzvah class! Co-taught by Rabbi Elyse Pincus Abrahams and TBS educator Sheira Rosenfield, we will explore Hebrew, prayers, Jewish holidays, Jewish tradition and culture, and much more! No prior Hebrew knowledge is necessary. This class is open to all; those having had a b. mitzvah as a teen can still participate. There is no charge for this class for TBS members.

Register: t-b-s.me/adultbmitzvah


Contact: Rabbi Elyse Pincus Abrahams at epincusabrahams@tbsneedham.org

## Sisterhood Fall Welcome Event

Wednesday, October 4, 6:30-9:00 PM, TBS
Attention all female-identifying TBS Members: Join us for an Evening of Fun!

- Taco Bar with all the fixings
- Connecting with old and new friends
- and.. dpdy Music Bingo with great prizes dpdyd

Volunteers needed for set-up and clean up; please contact Jackie if you can assist.
Cost: $\$ 18$ (non-TBS members may join sisterhood for $\$ 118$ to attend)
Register: Registration has closed.
Contact: Jackie Waller at sisterhood@tbsneedham.org

## ConNEXTions Theater Trip: Prayer for the French Republic

## Sunday, October 8, 1:00-3:30 PM, Outside of Temple

ConNEXTions's first event of the year is a trip to The Huntington Theatre in Boston to see Prayer for the French Republic. The show is set in 2016 Paris. The Salomon family has worked hard to make Paris into a warm and wonderful home after settling
down in the turbulent 1940's. But when their son comes home beaten up because he was wearing a yarmulke, they are forced to question their safety and sense of belonging in the city they love.
Online registration for this program has closed; please contact ConNEXTions to inquire about ticket availability.
Contact: connextions@tbsneedham.org

## Beth Shalom Garden Club's Birthday Cake Challenge

## Tuesday, October 10, 7:15 PM, TBS

October is our team activity month in the Garden Club. Members are invited to participate in a team birthday cake challenge by decorating an oasis round form with real flowers. Members will sit at a table with those from the same birthday month. The teams will then decorate their cake using fresh flowers and lots of creativity. At the end of the evening, a real birthday cake will be served to celebrate everyone's birthday.

Become a member and join in the fun! New members are always welcome.
Contact: gardenclub@tbsneedham.org

## Brotherhood Retreat

Saturday, October 14 at 8:30 AM - Sunday, October 15, 12:00 PM, Cape Cod
Plan now to join us for the 18th Annual Brotherhood Retreat on Cape Cod - one of the highlights of the Brotherhood events calendar.

Those who have gone to the Retreat in the past know this is a fun-filled weekend for men that offers discussion sessions led by Rabbis Jay and Todd as well as walks on the beach, swimming in an indoor pool, drinks, dinner at the nearby Yarmouth House restaurant, music, and card games. All this and some time to yourself make this a memorable and meaningful weekend. If you haven't been to one before, you owe it to yourself to give it a try. You'll be home by 1:00 PM on Sunday. Advance registration is required.

Register: t-b-s.me/bhretreat
Contact: Ed Schreider and Chuck Wilson at brotherhood@tbsneedham.org

## Volunteer at the Cradles to Crayons Giving Factory

## Saturday, October 21, 12:45-3:00 PM, Cradles to Crayons, 281 Newtonville Ave., Newtonville, MA 02460

Grab your kids or a friend and join TBS Social Action for an in-person mitzvah project at the Cradles to Crayons (C2C) Giving Factory in Newton! As part of their mission to

## Cradles toCrayons

TEMPLE BETH SHALOM BROTHERHOOD

18th Annual Retreat


October 14-15, 2023 ensure all kids have the essentials they need to thrive - at home, at school, and at play C2C collects and distributes new and used children's clothing and other essentials. In this fun and rewarding volunteer opportunity, TBS volunteers will assist with tasks like inspecting, sorting, and packaging previously donated clothing for Boston-area kids in need. Children ages 5+ are welcome to come help out!

Register by October 19: t-b-s.me / c2cvolunteer
Contact: Cara Karelitz at socialaction@tbsneedham.org

## October Highlights continued...

## TBS and RAC-MA Welcomes Congressman Jake Auchincloss!

## Sunday, October 22, 2:00-3:30 PM, TBS

Join us for a Town Hall event featuring our very own United States Representative from the 4th Congressional District. Congressman Jake Auchincloss will speak about international, national, and local issues which matter to all of us. Come to listen, learn, and ask questions about antisemitism, Israel, the state of our democracy, housing, and whatever else concerns you. Registration is required and will close on October 18; walk-ins will not be permitted. Doors open at 1:30 PM for a brief nosh before the Town Hall begins. Please note: Congressman Auchincloss will not be
 available before 2:00 PM, when the conversation begins.
Contact: Gary Goldman at t-b-s.me/townhall

## Discovering Israeli Culture Through Inspired Israelis

Thursdays, October 26, November 9, and November 16, 7:15-8:30 PM, TBS
Join us as we explore the diverse and rich culture of Israel through the lives of a number of inspirational Israelis. This course, taught by an Israeli educator, will immerse participants in a kaleidoscope of media and art, painting a vivid picture of the enthralling essence of Israeli society
Our shared exploration will lead directly into our TBS Scholar-in-Residence Weekend when we welcome Israeli author, culinary journalist, cultural luminary, and TV personality Gil Hovav.
Register: t-b-s.me/israeliculture


## Community Friday Night Dinner

## Friday, October 27, 7:30-8:30 PM, TBS

Join us to welcome Shabbat with an autumn Community Dinner following services, sponsored by Member Relations. All are welcome at this joyful evening including a festive meal and opportunity to connect with friends old and new.
Contact: Craig Lustig at clustig@tbsneedham.org
Register: t-b-s.me / communitydinner

## Sisterhood's Fall Rummage Sale

## Sunday, October 29, 9:00 AM-12:00 PM, TBS

- Sunday October 29: Drop-off donations 9:00 AM-12:00 PM
- Rummage Sale: 2:30-5:30 PM
- Monday, October 30: Bag Sale 6:30-8:00 PM

It's that time of year again, and Sisterhood needs your donations and assistance. Clean your closets, garages and attics, and bring your rummage to the Temple! Costume and better jewelry is welcome. Please: No computers or monitors, no broken or damaged items, and no children's car seats. We need everyone's help to make this event a success. Many volunteers are needed Sunday morning, Sunday afternoon during the sale, and Monday evening after the bag sale.
Contact: Bonnie Littman at rummagesale@tbsneedham.org

## Recurring Events

## Israeli Dancing

## Mondays, October 2, 16, 23, 30, 7:00-8:30 PM, TBS

Join Emily Perlman for a wonderful Israeli dance experience. Israeli dance is a great way to engage the culture of Israel and the Jewish people through music and movement. This is an intermediate level class for those who have some Israeli dance experience. Those who are willing to learn by watching others are also encouraged to attend. The tuition is $\$ 5$ per session, which is paid when you attend.

## Sisterhood Mah Jongg

Thursdays, October 5, November 2, December 7, 7:30-9:30 PM, TBS
Join other sisterhood members on the first Thursday of the month for Mah Jongg. New and seasoned players are welcome!. Contact: Holli Bassin and Abby Harmon at sisterhood@tbsneedham.org

## Pre-Shabbat Yoga

## Fridays, October 6, 13, 20, 27, 9:00-10:00 AM, TBS

Step into fall with strength, balance, and alignment through the practice of yoga. Join experienced yoga teacher Stephanie Javaheri for a weekly mindful yoga 'work in' to cultivate awareness physically and mentally. Feel better in your body and your mind. Slow physical movement, breathwork, and meditation blend together in this one-hour class.
Drop in at TBS for the in-person class, or join in via Zoom; no registration is necessary.
Join in on Zoom here: t-b-s.me / preshabbatyoga
Contact: Stephanie Javaheri at sjavaheri@mac.com

## Finding Our Jewish Values in the Torah

## Saturdays, October 7, 14, 21, 28, 9:15-10:15 AM, TBS

Each week we will focus on a single Jewish moral or ethical value found in that week's parsha (Torah portion). These will include, but not be limited to Justice, Compassion, Environmental Ethics, and Business Ethics. A variety of rabbinic sources will enrich our exploration as we seek to apply each week's value to our lives today.

Join us in person at TBS or drop in online at t -b-s.me / findingvalues.
Contact: Jessica Baim at jbaim@tbsneedham.org


## Moms Supporting Moms

## Thursdays, October 12, November 9, December 14, 7:30-9:00 PM, TBS

Is your child struggling with mental health issues? Come and join this confidential group with other TBS women whose children are at various stages of their mental health journey. Share and receive support from women who have been where you are or who are there right now. Dealing with a child's mental health can be a lonely and scary place for parents and we want you to feel that you are not alone!!!
No fee and no registration necessary..
Contact: Jackie Waller, Liz Webb Green, or Michelle Hoffman at sisterhood@tbsneedham.org

## Recurring Events continued...

## Community Shabbat Hike

## Saturdays, October 14, 11:00 AM-12:00 PM, Outside of Temple, November 11, 11:00 AM-12:30 PM, Outside of Temple

Join fellow TBS members for a hike in the woods during the most beautiful season of the year! Designed for adults and teens, these hikes will range from three-to-five miles and will include time for personal reflection, community connection, and opportunities to experience awe at the wonders of the natural world. Specific locations for each date will be shared with those who register. Hikes take place "drizzle or shine" but cancel for heavy rain or other extreme weather conditions.
Register: t-b-s.me/shabbathikes
Contact: Rachel Happel at rhappel@tbsneedham.org

## Sisterhood Canasta

Thursdays, October 19, November 16, December 21, 7:30-9:30 PM, TBS
Join other sisterhood members on the third Thursday of the month for Canasta. New and seasoned players are welcome!.
Contact: Holli Bassin or Abby Harmon at sisterhood@tbsneedham.org

## Breakfast Food and Bag Lunch Drive-Up Collection for Homeless Shelters

Friday, October 27, 9:15-9:45 AM, Parking Lot (Front)
We are back for our fourth year of this popular and impactful TBS Social Action mitzvah project! We look forward to your participation as we donate bag lunches and breakfast foods to homeless shelters in the Father Bill's network of shelters in Brockton. This is a great project to do individually or as a family!


Participate in this mitzvah every month and help us to provide 100 bagged lunches and lots of breakfast foods needed to help feed guests at these homeless shelters!
Donate any of the following: bag lunches, case of waters, package of juice boxes, bottle of condiments, a variety of breakfast items including muffins, individual-size cereal boxes, yogurts, fruit cups, or ground coffee.
Can't make it to the collection? No problem! Non-perishable donations may be dropped at a Needham address prior to the collection day by emailing us at socialaction@tbsneedham.org and signing up for your donation.
Watch TBS This Week for the sign-up link and donation details. Thank you for helping to feed the stranger in our midst.
Register: t-b-s.me/baglunch
Contact: Linda Hill at socialaction@tbsneedham.org

## Save the Date

## Panim el Panim / Face to Face - A Special Discussion Series with Israelis

## Sundays, November 5, December 3, January 7, February 4, March 10, April 7, May 9 (Thursday), and June 2, 12:00 PM, TBS

For many years, Congregation Mevasseret Zion, a progressive community outside Jerusalem, has been Temple Beth Shalom's "sister congregation." During this time when hundreds of thousands of Israelis are rising up to protect democracy in Israel, we will be showing solidarity and support through a series of personal conversations between members of the TBS community and members of CMZ. Each month, we will gather on Zoom for a rich discussion (full-group and small-group) facilitated by Rabbi Perlman and Rabbi Alona Nir Keren of CMZ. Through our shared explorations, we will get to know one another, learn about similarities and differences between American and Israeli expressions of Reform/Progressive Judaism, and learn how we might help Israelis support democracy.
Register: t-b-s.me/panim
(You are not committed to attending every session to participate. Please join us when you are able!)
Contact: Rabbi Perlman at jperlman@tbsneedham.org

## Writing a "Legacy Letter" - A Jewish Ethical Will for the 21st Century

## Sunday November 12, 9:30-11:30 AM, TBS

A legacy letter (also called an ethical will) is a written document that allows people to share their life lessons, express their values, and transmit their blessings to future generations. Rooted in Jewish tradition, a legacy letter is a brief personal statement that shares with loved ones what is really most important to them, what lessons they have to share, and how they wish to be remembered. Writing one is a rewarding experience that creates an enduring gift for children, grandchildren, and other loved ones. During this time of year when we are most introspective, join us for a one-session
 workshop that will help you begin to frame your own legacy letter - a blessed gift from you to those you love.

Register: t-b-s.me / legacy
Contact: Jessica Baim at jbaim@tbsneedham.org

## From Stockbridge to Needham - a TBS Coffeehouse with Piper-Hopkins Band

## Sunday, November 12, 7:00-10:00 PM, TBS

Join ConNEXTions PLUS (formerly Three Score/More or Less) as Community Hall is transformed into a coffeehouse, "From Stockbridge to Needham," featuring the PiperHopkins Band (piper-hopkins.com). The band's self-described rhythm-and-groove style is an eclectic mixture of music from the ' 60 s and beyond, featuring soulful vocals and powerfully melodic guitar. Between two 45 -minute sets, intermission will feature delicious desserts and beverages.

We invite the entire TBS adult community and their guests to come and enjoy an evening
 of music and friendship!

Register: t-b-s.me / coffeehouse
Cost: $\$ 15$ per person. Pay via credit card at registration or after registering via electronic banking or mailing a check, payable to Temple Beth Shalom, to 670 Highland Ave., Needham, MA 02494. Please include "coffeehouse" in the check memo.
Contact: connextionsplus@tbsneedham.org

## Save the Date continued...

## Garden Club's Copper Penny Floral Design Program

## Tuesday, November 14, 7:15 PM, TBS

Beth Shalom Garden Club presents Copper Penny Flowers, an award-winning boutique florist in Concord, MA. Their floral designers specialize in using seasonal and locally grown florals to create unique arrangements for all occasions. Please see their website (copperpennyflowers.com) for beautiful photos of artfully designed bouquets and table arrangements. Members are free. Guests are welcome with a fee of $\$ 10$.

Contact: gardenclub@tbsneedham.org

## Gersten-Hoisington Scholar-in-Residence Weekend Israeli History, Culture and Food with Gil Hovav - <br> Israel's leading culinary journalist and television personality

Friday, November 17-Sunday, November 19, TBS
Please join us for an exciting weekend of learning and entertainment as we invite Gil Hovav to our community. Gil comes from one of the most respected lineages in the Jewish world: he is the great-grandson of Eliezer Ben-Yehuda, the reviver of the Hebrew language; the grandson of Itamar Ben-Avi, who began modern Hebrew journalism; and the son of Moshe and Drora Hovav, "founding members" of Israel's modern-day public radio.

Gil himself, with his illustrious career in journalism, publishing, television and as an author, has played a major role in the revival of Israeli cuisine and the change Israel has undergone in recent years from a country of basic traditional foods into a "gourmet nation."
Gil's lectures will include:


- My Great (and Short) Great Grandfather, Eliezer Ben Yehuda, and the Revival of the Hebrew Language
- As Gay As Christmas
- Our Sweetest War (a Hummus Demo)
- Wartime Cooking in Jerusalem

Registration and event times will be posted in the TBS This Week email and in the November Scroll.
Contact: adultlearning@tbsneedham.org

## Fighting Antisemitism

"The horrible truth is, all around the world, antisemitism is pervasive and it's growing. The world's oldest form of hatred is once again threatening the safety, security, and sense of belonging Jewish people deserve."

Linda Thomas-Greenfield, U.S. Ambassador to the United Nations

# Deepening Connections for Those 60 and Older 

By Myrna Bloch, Margie Glou, and Rabbi Todd Markley

## Three Score/More or Less will now be known as ConNEXTions PLUS

We are thrilled to announce that Temple Beth Shalom's Three Score/More or Less group, created specifically for our members in their 60 s plus, has been re-envisioned and reimagined to reflect the evolving needs of this vibrant segment of our TBS population.

For almost 20 years, TBS's group targeting those over 60 has provided spiritual, educational, and social moments of connection for our community. The name has always reflected the theme of increasing inclusion. Starting as Triple Chai, it evolved to Three Score/More or Less as the group became one of the enduring pillars of TBS.


A musical variety show packed the house for the 2018 kickoff event.

In our mission, in our programming, and now in our branding, we continue to shape this group to support those who find their primary points of connection within TBS through this wonderful and essential community anchor. And so we have ConNEXTions Plus.

## Continuing ConNEXTions

In 2021, inspired by the many years of successful and thoughtful programming offered by Three Score/More or Less, and as a result of the 2020 Vision Plan and community conversations, TBS launched a group designed to play a similar role for members in their $40 \mathrm{~s}-60 \mathrm{~s}$ called ConNEXTions (pronounced "connections"). The title was derived from the understanding that many in this demographic might be seeking new opportunities for connections in our community and may be asking "What's next for me at TBS?"

## Seamless Transitions

Recognizing that both ConNEXTions and Three Score/More or Less have similar goals and programs with each geared toward different broad age-based groups, re-envisioning Three Score/More or Less as ConNEXTions PLUS provides a seamless transition for adults 60 and above in our community to engage in meaningful ways with people, programs, and events that feel right for them.

From the annual evening at the Boston POPS to lecture series, film screenings, museum visits, jazz brunches, and the upcoming "Stockbridge to Needham" coffeehouse event (see page 13 for details), ConNEXTions PLUS will continue to create opportunities for us all to gather for the purpose of expanding our minds, enlivening our spirits, and deepening our relationships.

ConNEXTions PLUS looks forward to strengthening and enhancing Temple life with social, cultural, and fun experiences vital to the fabric of our community. We hope to see you at a program soon!

To learn more or to get involved, please contact: For ages 40s-60s connextions@tbsneedham.org
For ages 60+ connextionsplus@tbsneedham.org

# Exciting New Opportunities for Families with School-Age Children 

By Rachel Happel

ATBS, we take pride in the high quality learning programs we offer to children and teens in grades K-12. Our Mayim, Mayim Tamid, Shorashim, and Etzim programs provide joyful, rich learning environments, invite learners to consider high interest questions that make Judaism relevant to their lives, and foster relationships among children and teens.

As part of our TBS learning programs, we have always included opportunities for families to join their
 children at TBS for Shabbat dinners, special milestone celebrations, and family learning sessions.
Some of these opportunities were put on hold during the pandemic and were reintroduced last year, with much delight and success. A number of families requested even more opportunities to come together at TBS, and we have responded!

## Programs specially designed for Families with School-Age Children (FwSAC)

We are excited to introduce our new series of programs, which will include Shabbat and holiday celebrations, social events, mitzvah opportunities, parent learning options, and more. FwSAC programs are open to all members of the TBS community with children in grades K-7, including those enrolled in our TBS learning programs, those who attend our local Jewish day schools, and those who have not yet enrolled in a Jewish learning program.

## Here are a few highlights of what we have planned this year:

Friday Night Lights - Family Community Dinners
Monthly, on the first Friday of the month, beginning in December 2023
It's the end of a busy week. The kids are hungry. You're hungry. We've got food - and a great community to enjoy it with! Join us for Shabbat dinner followed by our family-friendly "Friday Night Lights" Shabbat evening service, and enjoy a sweet treat at our oneg Shabbat after the service.

## Shabbat Family Hikes <br> Monthly on Saturday Afternoons at 2:00 PM, beginning in October 2023

Connect to the restful spirit of Shabbat by recharging in nature! Join Rachel Happel for a family-friendly hike in the woods on the second Saturday of the month. Hikes will range from one to three miles and will include time for reflection and connection.

## Mitzvah Makers

Monthly on Sunday afternoons, beginning in October 2023
Make a difference, give back to the community, and meet other families committed to making the world a better place! Join us for monthly family-friendly mitzvah opportunities at local social service organizations and in-house projects at TBS. Projects will include cooking for a homeless shelter, preparing cards/packages for Jewish soldiers, sorting clothing for Cradles to Crayons, participating in food distribution through Family Table, and more.

## Summer Camp Options Abound!

By Joe Marcus

Now that sweet summer memories of 2023 are in the rear-view mirror, the Scroll is offering resources to help you find the perfect summer experience for your TBS youth in the future.

In addition to our own TBSCC day camp, summer options include other day camps $t-b-s . m e /$ onehappycamper, overnight camps t-b-s.me/ overnight, and community service opportunities for high school students such as the URJ Mitzvah Corps t-b-s.me/mitzvahcorps. You can choose durations ranging from a week to the whole summer, focuses ranging from athletics to performance or science, locations ranging from local to overseas, and dietary choices that include kosher and gluten-free options. Many of these camps have Israeli staff members - an international experience without a passport or visa and in the same time zone.

## There are so many choices!

To understand why summer camps abound, you could read a book on the subject or you could read the "Cliff Notes" version t-b-s.me/camphistory. Speaking of books, for a parent with no personal summer camp experience, How Goodly are Thy Tents: Summer Camps as Jewish Socializing Experiences by social psychologists Amy L. Sales and Leonard Saxe (Brandeis University Press) covers both successes and failures of Jewish summer camp.




Contact us today for an awesome summer!

## continued from page 17

## Is camp affordable?

Camp can be as expensive as a year at medical school, but it is more fun. Grants and / or scholarships are available for first-time campers from the CJP One Happy Camper program t-b-s.me / campgeneration, and TBS has its own Marjorie Silver Camp Scholarship for Jewish overnight camp. The scholarship mission states, "Temple Beth Shalom enthusiastically encourages families to choose Jewish summer camp for their children. We celebrate how Jewish camping experiences joyfully enrich and strengthen a child's Jewish identity." More details can be found on page 15 of the June 2022 Scroll. t-b-s.me/June22Scroll. It is important to note that many camps strongly believe that cost should not be a barrier to sending kids to this transformative experience and may offer their own scholarships or discounts.

## Should my child go with someone s/he knows?

Some children go to camp with local friends or relatives or get the chance to be with cousins who are geographically separated. Others start fresh with fellow campers they've never met. Some families have attended the same camp for generations. We have TBS members who bring their children to the childhood summer camp they had attended in a foreign country. You could even send your child to a camp with one of our own clergy or staff in residence! There is no "right" way to choose a camp or camp situation; it's about finding what's right for your child.

## How do I find out what camps are out there?

You may find our own abbreviated list of camps t-b-s.me / camplist to be helpful. Please pay special attention to those camps that have supported us by purchasing advertising in this "camp" issue of the Scroll! While the list may not include every camp available, it is a large list with narratives provided by the camps themselves. Word of mouth (e.g., through our TBS Community Bulletin Board) can help you learn about camps and about consultants who help families identify camps that feel right for them. (4)

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## continued from page 16

TBS Parents' Night Out
Saturday, January 13, 2024, 5:30-8:30 PM
Drop your K-4 kids off for a sleepunder at TBS, and join other TBS parents for a fun adult night out! Your kids will enjoy engaging activities with their TBS friends and staff, and you'll have a refreshing night out on the town with friends, new and old. There will be a choice of several outing options for parents, such as restaurants, paint night, game night, and more.

## TBS Family Camp <br> Friday-Sunday, May 31-June 2, 2024

Enjoy a weekend away with other TBS families, including outdoor fun, Shabbat learning, family activities, and s'mores and singing around the campfire. We are headed to Nature's Classroom, located about an hour away in beautiful Charlton, MA. Our program begins with Shabbat dinner on Friday night and ends Sunday morning. Family Camp is designed for families with elementary-age children, with older and younger siblings welcome.


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Please: no computers or monitors (unless they are new), and please no broken or damaged items.
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Sale: Sunday, October 29, 2:30-5:30 PM
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Questions? Want to Volunteer?
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[^0]:    DR. TED CHAMBERLAIN INTERFAITH FELLOWSHIP FUND DONOR
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